

## Boxing Awards (Non Contact) Risk Assessment

Frequency of Activity: Weekly Session

Date

Assessed by



Number of Participant's

Approved by

Potential Effect	Existing Controls in Place	Score	Further Controls Required	Target Date
1 Student deliberately punches another student in the lesson to cause harm	The offending Student has to sit out of the lesson and may not partake in the lesson the following week	Low	If student re offends they will not be able to attend the lesson for a month or maybe at all.	1 Week 1 Month/Banned
2 While delivering the awards the gym gets very hot and stuffy	Open all windows while teaching	Low		
3 With a large group of students there is not enough room to train safely	Keeping the session number small, and splitting the students into different groups, which train on different times or days.	Low		
4 Gloves, wraps or ropes could be left lying around and could be a potential trip hazard	Ensuring that all equipment is put away and that none are left lying around when not required	Medium		
5 If you fall on the gym floor, you could hurt yourself	If there is a potential to fall over then soft matting will be placed on the floor	Low		
6 The training is of a physical nature and the incorrect execution of a manoeuvre could result in harm	An ABA Boxing tutor or boxing coach will be present at all times to ensure the correct techniques are executed.	Low		
7 Certain medical conditions could cause injury to the student when training	Students are encouraged to tell the Boxing Tutor or Coach any conditions or injuries that they might be worried about during training. Students who are struggling with any part of the session, would be advised to rest.	Medium		
8 If a student does not know the punch technique and how to hold pads he/she may harm themselves or harm others	All students are taught correct punch technique at 50% speed.	Low		
9 Aggressive or bad behaviour could be used in the lesson by the students and against each other	Aggressive or abusive behaviour is unacceptable in the Boxing Awards and any student seen to be disrupting the lesson or trying to hurt any other students will be suspended or banned.	Low		
10 There may be students who are experienced in amateur boxing, which may lead to injury	Any advanced or experienced boxers will be paired off with a beginner and encouraged to develop their partner whilst at the same time work at bettering their own skills.	Low		
11 Due to the intensity of the sport of Boxing, students may feel that they are not able to take part.	The Boxing Awards is a fun, recreational activity delivered in an educational environment for all students at all levels from the age of 5 years	Low		
12 What will the students do in an event of an emergency /Health and Safety	An health and safety brief and emergency drill will be explained prior to the commencement of the class. Fire Exits, Muster Points, Toilets, First Aid.	Low		